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**Alfred Alder and Albert Bandura: A Comparison of Theories
Academic Achievement in Children of Divorce and Educational
Kinesiology: Its Implications and Uses in the Learning Process**

Claudia Emmons Gleeson

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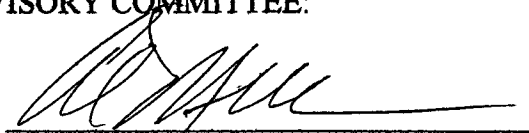
ALFRED ADLER AND ALBERT BANDURA: A COMPARISON OF THEORIES

ACADEMIC ACHIEVEMENT IN CHILDREN OF DIVORCE

and

EDUCATIONAL KINESIOLOGY: ITS IMPLICATIONS
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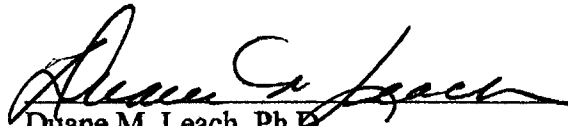
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ACADEMIC ACHIEVEMENT IN CHILDREN OF DIVORCE

AND

EDUCATIONAL KINESIOLOGY: ITS IMPLICATIONS
AND USES IN THE LEARNING PROCESS

by

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RESEARCH IN EDUCATION

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for the Degree of

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ABSTRACT

Three topics were researched and reported that can benefit counselors as they work with various individuals. Alfred Adler and Albert Bandura: a comparison of theories, academic achievement in children of divorce, and Educational Kinesiology: its implications and uses in the learning process were topics discussed. A comparison of Adler's individual psychology and Bandura's social learning theory produced practical applications for counselors and knowledge about human behavior. Academic achievement in children of divorce explored the reason for difficulties the children and families face during, and after the transition caused by parental divorce. Successful counseling interventions were given that consisted of education and coping skills for those involved. Educational Kinesiology was described as a tool to assist individuals with learning difficulties. A series of specific Edu-K exercises helped relax the student so that his learning would be made easier. Many examples of research and their results were reported.