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**A Study to Compare the Red Cross Method with the Movement
Exploration Method of Teaching Beginning Swimmers Who are
Mentally Retarded or Normal**

Charlotte Ann Stark

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A STUDY TO COMPARE THE RED CROSS METHOD WITH THE
MOVEMENT EXPLORATION METHOD OF TEACHING BEGINNING
SWIMMERS WHO ARE MENTALLY RETARDED OR NORMAL

by

Charlotte Ann Stark

Master's Project

Submitted to the Faculty
of Physical Education and Health

In Partial Fulfillment
of the Requirements for the Degree
Master of Arts in Physical Education and Health

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