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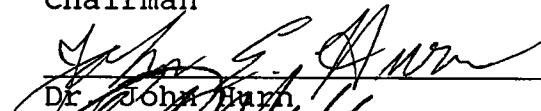
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COUNSELING SKILLS TRAINING
AN EXTENSIVE REVIEW
OF LITERATURE

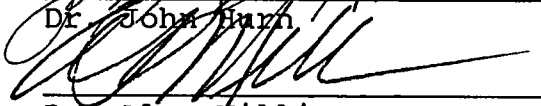
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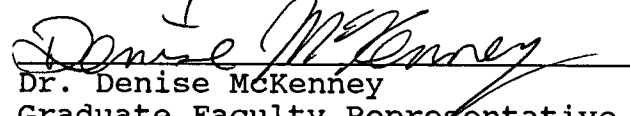
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COUNSELING SKILLS TRAINING
AN EXTENSIVE REVIEW
OF LITERATURE

by

SARAH KAY SMITH, B.S.

RESEARCH PROJECT REPORT

Presented to the Graduate Faculty of Education

The University of Texas of the Permian Basin

in Partial Fulfillment

of Requirements

for the Degree of

MASTER OF ARTS

THE UNIVERSITY OF TEXAS OF THE PERMIAN BASIN

May 1993

Abstract

Counseling Skills Training is a broad topic and although the proper training of counselors is considered to be consequential, relatively little systematic research of a profound nature has been carried out using graduate level trainees or professional level counselors. Research that has been conscientiously done has centered interviewing skills and suggestions for training rather than on the actual skills of conducting "real" psychotherapy. Given the state of inconclusive research to date, considerations for future research need to be addressed.