Counseling Skills Training an Extensive Review of Literature

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COUNSELING SKILLS TRAINING
AN EXTENSIVE REVIEW
OF LITERATURE

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Abstract

Counseling Skills Training is a broad topic and although the proper training of counselors is considered to be consequential, relatively little systematic research of a profound nature has been carried out using graduate level trainees or professional level counselors. Research that has been conscientiously done has centered interviewing skills and suggestions for training rather than on the actual skills of conducting "real" psychotherapy. Given the state of inconclusive research to date, considerations for future research need to be addressed.