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THEORY AND PRACTICE OF COUNSELING


FROM A PERSONAL PERSPECTIVE

ADLERIAN THEORY AS APPLIED TO MARITAL THERAPY

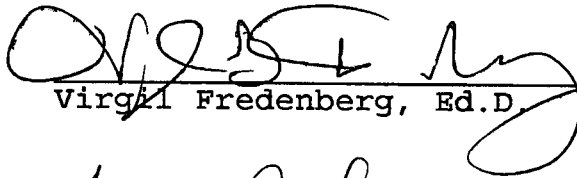
ADLERIAN PLAY THERAPY BASED UPON THE

APPLICATION OF INDIVIDUAL PSYCHOLOGY

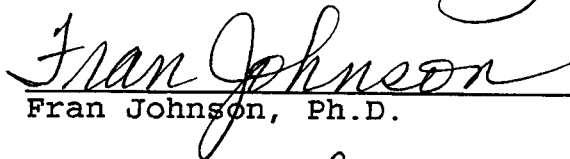
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THEORY AND PRACTICE OF COUNSELING  
FROM A PERSONAL PERSPECTIVE

ADLERIAN THEORY AS APPLIED TO MARITAL THERAPY

ADLERIAN PLAY THERAPY BASED UPON THE  
APPLICATION OF INDIVIDUAL PSYCHOLOGY

by

MARY JUNE HUNT, B.S., M.S.

DIRECTED STUDY IN EDUCATION

Presented to the Graduate Faculty of Education

The University of Texas of the Permian Basin

in Partial Fulfillment

of Requirements

for the Degree of

MASTER OF ARTS

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## ABSTRACT

Counseling theory and practice based upon Alfred Adler's Individual Psychology was investigated. Current literature was reviewed which dealt with 3 topics: the author's personal philosophy of counseling, marital therapy, and play therapy. The result of this study illustrates the interrelatedness of the topics and the positive interventions provided by an effective counselor.