

University of Texas of the Permian Basin

**FalconCommons**

---

College of Education

Dissertations & Theses

---

12-1994

## **The Effects of Neuro-Linguistic Programming on the Self-Esteem of At-Risk Students**

Ben L. Turpen

Follow this and additional works at: <https://falconcommons.utpb.edu/utpb-edu>



Part of the [Counselor Education Commons](#), and the [Education Commons](#)

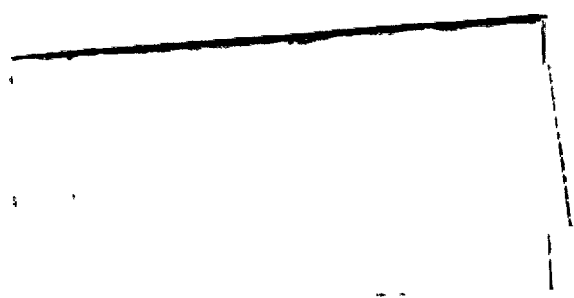
---



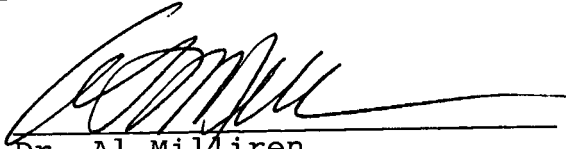
ABU-1802  
BF  
637  
.N46  
T87  
1994  
c.1

THE UNIVERSITY OF TEXAS OF THE PERMIAN BASIN

THE EFFECTS OF NEURO LINGUISTIC PROGRAMMING  
ON THE SELF-ESTEEM OF  
AT-RISK STUDENTS

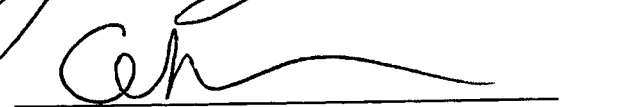


APPROVED BY SUPERVISORY COMMITTEE:

  
Dr. Al Milliren  
Chairman

  
Dr. Terry Anderson

  
Dr. Jose Ruiz-Escalante

  
Dr. Gwen Pearson  
Graduate Faculty Representative

**THE EFFECTS OF NEURO LINGUISTIC PROGRAMMING  
ON THE SELF-ESTEEM OF  
AT-RISK STUDENTS**

by

**BEN L. TURPEN, B.S.  
RESEARCH PROJECT REPORT**

**Presented to the Graduate Faculty of Education**

**The University of Texas of the Permian Basin**

**in Partial Fulfillment**

**of Requirements**

**for the Degree of**

**MASTER OF ARTS**

**THE UNIVERSITY OF TEXAS OF THE PERMIAN BASIN**

**DECEMBER, 1994**

## Abstract

A study was performed on at-risk students in the Midland Independent School District, Midland, Texas, utilizing Neuro Linguistic Programming as a counseling technique for improving the self-esteem of ninth grade students. Students were divided into control and treatment groups and pretested and posttested using the School Attitude Measure. The treatment group was given twelve sessions of counseling utilizing Neuro Linguistic Programming. The subtests, Academic Self-Concept, Performance and Reference Based, and Instructional Mastery indicated a favorable trend. The significant differences in the means between the pretest and posttest was Motivation for Schooling and the overall School Attitude Measure. There was sufficient evidence to say that NLP positively affects self-esteem of ninth grade students.